

PERSONAL SURVIVAL TECHNIQUES

COURSE AIM

To provide seafarers with the knowledge of the necessary skills to survive in the event of ship abandonment.

TARGET GROUP

This course is aimed at seagoing personnel in any capacity as part of the mandatory STCW requirements. This course is delivered in accordance with section A-VI/1-1 of the STCW Code.

COURSE CONTENT

On completion of this activity, delegates will be able to demonstrate a competence in the theory and practice of the following:

- Types of emergency situations which may occur, such as collision, fire, foundering,
- Types of life-saving appliances normally carried on ships.
- Equipment in Survival Craft.
- Location of personal life-saving appliances.
- Survive at sea in the event of ship abandonment.
- Principles concerning survival at sea including:
 - Value of training and drills,
 - Personal Protective Clothing and Equipment (PPE),
 - Need to be ready for any emergency,
 - Actions to be taken when called to survival craft stations,
 - Actions to be taken when required to abandon ship / offshore installation,
 - Actions to be taken when in the water,
 - Actions to be taken when aboard a survival craft (life raft etc.),
 - Main dangers to survivors, and
 - Rescue Techniques.

This course is designed in conformity with the IMO model course 1.19.

COMPETENCY

Delegates are required to pass an assessment of practical skills and a written or verbal examination of theory.

PRE REQUISITE

Seafarers are required to be medically fit as per Regulation 1/9 of STCW Code.

METHOD OF TRAINING

Theory conducted in a classroom including presentations and discussions based on lived experiences, followed by practical & simulation training and assessment and will include the visual teaching aids, writing materials and provision of catering.

COURSE DURATION

Two (2) days.

RATIO OF THE TRAINING

60% Theory / 40% Practical

VALIDITY OF CERTIFICATE

5 years

DURATION OF REFRESHER TRAINING

0.5 day

