

MEDICAL CARE

COURSE AIM

To provide learners with the skills and knowledge to provide medical care to the sick and injured while they remain onboard a vessel and participate in coordinated schemes for medical assistance to ships.

TARGET GROUP

This course is aimed at seagoing personnel in any capacity as part of the mandatory STCW requirements. This course is delivered in accordance with section A-VI/4-2 of the STCW Code.

COURSE CONTENT

On completion of this activity, delegates will be able to demonstrate a competence in the theory and practice of the following:

- Provide medical care to the sick and injured while they remain on board.
- Care of casualty involving: Head and spinal injuries / Injuries of ear, nose, throat and eyes / External and internal bleeding / Burns, scalds and frostbite / Fractures, dislocations and muscular injuries / Wounds, wound healing and infection / Pain relief / Techniques of sewing and clamping / Management of acute abdominal conditions / Minor surgical treatment / Dressing and bandaging.
- Aspects of nursing: General principles / Nursing care.
- Diseases, including: Medical conditions and emergencies / Sexually transmitted diseases / Tropical and infectious diseases.
- Alcohol and drug abuse
- Gynaecology, pregnancy and childbirth
- Medical care of rescue persons
- Death at sea
- Hygiene
- Disease prevention, including: Disinfection, disinfestation, de-ratting / Vaccinations
- Keeping record and copies of applicable regulations: keeping medical record / International and national maritime medical regulations
- Participate in Dental care coordinated schemes for medical assistance to ships
- External assistance, including: Radio medical advice / Transportation of the ill and injured, including helicopter evacuation / Medical care of sick seafarers involving co-operation with port health authorities or out-patient wards in port.

This course is designed in conformity with the IMO model course 1.15.

COMPETENCY

Delegates are required to pass an assessment of practical skills and a written or verbal examination of theory. To be awarded a certificate in Proficiency in Medical Care in accordance with the requirements of the STCW Code, delegates will successfully complete the following:

PRE REQUISITE

Have completed an STCW Medical First Aid training.
Seafarers are required to be medically fit as per Regulation 1/9 of STCW Code.

METHOD OF TRAINING

Theory conducted in a classroom including presentations and discussions based on lived experiences, followed by practical & simulation training and assessment and will include the visual teaching aids, writing materials and provision of catering.

COURSE DURATION

Eight (8) days.

RATIO OF THE TRAINING

70% Theory / 30 % practical

VALIDITY OF CERTIFICATE

5 years

