

GOLDEN RULES OF SAFETY AT WORK

COURSE AIM

The learning objectives are:

- Awareness of different hazards and risks associated to common installations operations,
- Knowledge of safety rules associated to each hazardous operation and activity,
- Familiarization with prevention measures that must be taken before work beginning and in high risk situations,
- To strengthen prevention of occupational accidents by encouraging people to step in whenever they see something being done wrong.

TARGET GROUP

This training is designed to:

- Managers, leaders, foremen, site managers, base managers, yard managers...
- HSE Managers, HSE supervisor, HSE engineers, HSE coordinators, HSE officers...
- People who organize work, the people who carry it out and the people who inspect it.

COURSE CONTENT

Delegates will receive knowledge of the following subjects:

- High-Risk Situations,
- Traffic,
- Body Mechanics and Tools,
- Protective Equipment,
- Work Permits,
- Lifting Operations,
- Powered Systems,
- Confined Spaces,
- Excavation Work,
- Work at Height,
- Change Management,
- Simultaneous Operations or Co-Activities.

COMPETENCY

Delegates are required to pass an assessment of written or verbal examination of theory.

PRE REQUISITE

There are no pre requisites to attend this course.

METHOD OF TRAINING

Theory conducted in a classroom, followed by simulation training and assessment and will include the visual teaching aids, writing materials and provision of catering.

COURSE DURATION

One (1) day.

RATIO OF THE TRAINING

100% Theory

VALIDITY OF CERTIFICATE

3 years

