# **FORKLIFT OPERATOR**

## COURSE AIM

To provide delegates with the knowledge, skill and confidence to operate a Forklift safely reducing the possibility of injury and accidents to personnel and damage to property.

This training programme is designed for personnel that have experience in Forklift operating and wish to gain more safety knowledge of lifting operations.

#### COURSE CONTENT

On completion of this course, delegates will be able to demonstrate a competence in the theory and practice of the following:

- Forklift operators responsibilities,
- Pre-start checks,
- Forklift accidents,
- Pre-operating checks,
- Principles engineering,
- General operating techniques,
- Forklift stability,
- Forklift manoeuvring,
- Safe Working Loads (SWL),
- Staking and De-staking.

### COMPETENCY

Delegates are required to pass an assessment of practical skills and a written or verbal examination of theory.

#### PRE REQUISITE

Delegates should have no less than 100 hours of forklift experience prior to attending the two-day (2) training program. Personnel with less than 100 hours should enroll in the three-day (3) program.

# METHOD OF TRAINING

This course has theoretical aspects and practical achievement and will include the visual teaching aids, writing materials and provision of catering.



Two (2) days.

RATIO OF THE TRAINING 60% Theory / 40% Practical

**VALIDY OF CERTIFICATE** 









