

# PROFICIENCY IN FAST RESCUE BOAT

## COURSE AIM

Provides delegates who are required to take charge of a fast rescue craft (FRC) with the knowledge and skills necessary to safely and competently launch, manoeuvre and recover an FRC.

## TARGET GROUP

This course is aimed at seagoing personnel in any capacity as part of the mandatory STCW requirements. This course is delivered in accordance with section A-VI/2-2 of the STCW Code.

## COURSE CONTENT

On completion of this activity, delegates will be able to demonstrate a competence in the theory and practice of the following:

- Understand the construction, maintenance, repair and outfitting of fast rescue boats,
- Take charge of launching equipment and appliance as commonly fitted, during launching and recovery,
- Take charge of a fast rescue boat as commonly fitted, during launching and recovery,
- Take charge of a fast rescue boat after launching,
- Operate a fast rescue boat engine,

This course is designed in conformity with the IMO model course 1.24.

## COMPETENCY

Delegates are required to pass an assessment of practical skills and a written or verbal examination of theory.

## PRE REQUISITE

Every candidate for a certificate of proficiency in fast rescue boats shall:

- Hold a certificate of proficiency in survival craft / rescue boats other than fast rescue boats.
- Be not less than 18years.

Note: Seafarers are required to be medically fit as per Regulation 1/9 of STCW Code. Other delegates are required to be medically fit for FRC training including their muscular-skeletal, respiratory system, eyes and ears as a minimum.

## METHOD OF TRAINING

Theory conducted in a classroom including presentations and discussions based on lived experiences, followed by practical & simulation training and assessment and will include the visual teaching aids, writing materials and provision of catering.

**COURSE DURATION** Four (4) days.

**RATIO OF THE TRAINING** 35% Theory / 65 % practical

**VALIDY OF CERTIFICATE** 5 years

**DURATION OF REFRESHER TRAINING** 1 day

