

ELEMENTARY FIRST AID

COURSE AIM

To provide seafarers with the knowledge and skills to take immediate action upon encountering an accident or other medical emergency.

TARGET GROUP

This course is aimed at seagoing personnel in any capacity as part of the mandatory STCW requirements. This course is delivered in accordance with section A-VI/1-3 of the STCW Code.

COURSE CONTENT

On completion of this activity, delegates will be able to demonstrate a competence in the theory and practice of the following:

- Have an appreciation of the body structure and functions,
- Make an assessment of the needs of casualties and threats to their own safety,
- Have an understanding of immediate measures to be taken in cases of emergencies including the ability to:
 - Position the casualty,
 - Apply resuscitation techniques,
 - Control bleeding,
 - Apply appropriate measures of basic shock management,
 - Apply appropriate measures in the event of burns and scalds, including electrical and chemical burns,
 - Rescue and transport a casualty,
 - Improvise bandages and use materials in an emergency kit,

This course is designed in conformity with the IMO model course 1.13.

COMPETENCY

To be awarded a certificate in Elementary First Aid in accordance with the requirements of the STCW

Code, delegates will successfully complete the following:

- demonstrate the correct techniques and procedures on a mannequin or person of the following skills:
 - How to safely approach a victim
 - How to conduct a primary survey.

PRE REQUISITE

There are no pre-requisites to attend this course.

METHOD OF TRAINING

Theory conducted in a classroom including presentations and discussions based on lived experiences, followed by practical & simulation training and assessment and will include the visual teaching aids, writing materials and provision of catering.

COURSE DURATION

Two (2) days.

RATIO OF THE TRAINING

70% Theory / 30% Practical

VALIDITY OF CERTIFICATE

5 years

