

# EMERGENCY FIRST RESPONSE EFR: PRIMARY CARE

## COURSE AIM

Emergency First Response Primary Care (CPR) teaches participants how to respond to life-threatening emergencies. The course focuses on primary care through a combination of knowledge development, skill development and realistic scenario practice to make sure participants have the confidence in their ability to provide care when emergency situations arise.

## TARGET GROUP

This programme is designed to all personnel working both onshore and offshore industries.

## COURSE CONTENT

Primary Care (CPR) skills taught in this course:

- Scene Assessment, Barrier Use, Primary Assessment, Cardiopulmonary Resuscitation (CPR), Serious Bleeding Management, Shock Management, Spinal Injury Management, Conscious and Unconscious Choking Management.
- Recommended Skills:
  - Automated External Defibrillator (AED) Use,
  - Emergency Oxygen Use.

## COMPETENCY

Delegates are required to pass practical assessment of their competency in each of the above areas before being awarded with a course certificate.

## PRE REQUISITE

There are no specific requirements for entry to this course.

## METHOD OF TRAINING

Theory conducted in a classroom, followed by practical & simulation training and assessment and will include the visual teaching aids, writing materials and provision of catering.

## COURSE DURATION

One (1) day.

## RATIO OF THE TRAINING

60% Theory / 40% Practical

## VALIDITY OF CERTIFICATE

2 years

