

# BASIC TRAINING

## COURSE AIM

To provide the suite of STCW Code as Amended core competencies in a single period of training. STCW 2010 requires all seafarers to receive basic safety training or instruction in accordance with section A-VI/1 of the STCW Code. The minimum requirements for familiarization and basic safety training are contained within the Basic Safety Training (BST) and meet the appropriate standard of competence.

## TARGET GROUP

This course is aimed at seagoing personnel in any capacity as part of the mandatory STCW requirements.

This course is delivered in accordance with section A-VI/1 of the STCW Code.

## COURSE CONTENT

A combined program that incorporates the following modules,

- Personal survival techniques,
- Fire prevention and fire fighting,
- Elementary first aid, and
- Personal safety and social responsibilities

This course is designed in conformity with the IMO model courses 1.19 / 1.20 / 1.13 / 1.21.

## COMPETENCY

Delegates will be required to pass a practical assessment of skills, and a written or verbal examination of theory.

## PRE REQUISITE

Seafarers are required to be medically fit as per Regulation 1/9 of STCW Code.

## METHOD OF TRAINING

Theory conducted in a classroom including presentations and discussions based on lived experiences, followed by practical & simulation training and assessment and will include the visual teaching aids, writing materials and provision of catering.

## COURSE DURATION

Height (8) days.

## RATIO OF THE TRAINING

65% Theory / 35% Practical

## VALIDITY OF CERTIFICATE

5 years

## DURATION OF REFRESHER TRAINING

1 day

