# BASIC LIFE SUPPORT BLS AND AUTOMATIC EXTERNAL DEFIBRILLATOR AED TRAINING

## COURSE AIM

To provide delegates the Basic Life Support and how to use of An Automatic External Defibrillator (AED).

# TARGET GROUP

This training is designed to everybody all ages.

### COURSE CONTENT

Delegates will receive knowledge of the following areas:

- Cardio Pulmonary resuscitation CPR,
- · Automated External Defibrillator AED,
- · Basic Life Support BLS,
- · Use of AED including safety issues.
- · Recovery position,
- · Choking management.

# COMPETENCY

Delegates are required to pass practical assessment of their competency in each of the above areas before being awarded with a course certificate.

### PRE REQUISITE

There are no specific requirements for entry to this course. Anyone may enroll on a Basic Life Support course.

# METHOD OF TRAINING

Theory conducted in a classroom, followed by demonstration & simulation training and assessment and will include the visual teaching aids, writing materials and provision of catering.

COURSE DURATION

One (1) day.

RATIO OF THE TRAINING

60% Theory / 40% Practical

**VALIDY OF CERTIFICATE** 

2 years









