

BASIC SEA SURVIVAL

COURSE AIM

To provide delegates with the knowledge and confidence to assist in their survival in the event of an emergency offshore with the proper use of available emergency equipment.

TARGET GROUP

This programme is designed to all personnel working both onshore and offshore or all personnel employed on board of merchant ship.

COURSE CONTENT

On the completion of this activity, delegates will be able to demonstrate a competence in the theory and practice of the following:

- Launch and inflate a life raft,
- Right and board a life raft unassisted,
- Life raft management techniques,
- Life raft emergency equipment and usage,
- Basic injury management,
- Basic survival techniques in open water.

COMPETENCY

Delegates are required to pass an assessment of practical skills and a written or verbal examination of theory.

PRE REQUISITE

Not required.

METHOD OF TRAINING

This course is conducted in two phases.

- Initial phase is a half-day theory course covering all aspects of the life raft and survival at sea. Classroom training utilises demonstrations of all equipment and discussion on the method of use of the emergency equipment.
- The second phase is an entirely practical training section conducted in a water environment, where all delegates are required to practice and demonstrate the application of all techniques learned in both sessions.

COURSE DURATION

One (1) day.

RATIO OF THE TRAINING

40% Theory / 60% Practical

VALIDITY OF CERTIFICATE

4 years

